



Morning Mirror

Betsy Rothstein
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Former editor in process of losing lots of weight

*This just in over the weekend from **Jim Brady**, former editor of Digital First Media.*

“On June 27, 2013, I decided 10,000 steps a day was my new fitness goal. Yesterday, while attending #IRE14 in SF, I cracked 10k for the 365th straight day — and have lost 42 pounds in the process. Still have a bit to go on weight, but happy to have achieved that one-year goal. A few stats of interest — at least to me:

– In that one year, I have taken 4,525,804 steps, and average of 12,399 steps per day.

– In that one year, I have walked 2,155 miles. That means, if I had started in New York City, I would have ended up 20 miles east of Salt Lake City.”

WaPo’s Gene Weingarten: The Cheerleader

“I AM SO EXCITED MY MAN TOOBS SUBS FOR BRIAN STELTER SUNDAY MY GOD GO TOOBS. #toobs” — *WaPo* “humor” columnist **Gene Weingarten**, referring to CNN’s Legal Analyst **Jeffrey Toobin**.

Shitty spokesperson alert

“It really says something when a spokesperson for a major museum is more hostile to journalism than the DoD.” — **Molly Crabapple**, columnist, *VICE*.

Think tank multimedia director gets bad case of indigestion

“Worst brisket-related indigestion since I ran an evening 5k after a day of gorging at the home of @Frimp13.” — **Caleb Brown**, director of multimedia for the Cato Institute. Frimp13 is **Dan Alban**.

Interesting website idea?

“Thinking of starting a new website -> Subhumans of DC” — Strategist **Jimmy LaSalvia**, creator of GOProud.

Weekend sports anger

“How can we lose to the fucking Cubs? Twice?” — QGA and *The Hill* columnist **John Feehery**.

Eavesdrop Café gone stressed

“The Bethesda moms conversation next to me at sbux is making me stressed and I don’t even have kids much less at Stanford. #patience.” — NPR’s **Kitty Eisele**.

‘Perks of pregnancy’

“Just bypassed 400 people in line for NYC-bound Amtrak, thanks to the lovely conductor. #perksofpregnancy” — **Jess Smith**, president, Burson Marsteller.

Cryptic love at the Congressional baseball game

“I felt like you were staring at me from the front row the entire game. We locked eyes a few times and I thought I recognized you, but it was so quick, I couldn’t figure out where from. If it’s you, what was I wearing and where was. [sic] Also, who the hell are you? :)” — Anonymous Craigslist entry in “Missed Connections.”

Journo grateful to be sober

“Few things like walking through downtown DC between 2 and 3 a.m. Saturday morning to remind me how smart a decision it was for me to stop drinking four years ago. Seriously though, I am so full of gratitude for the fact that I will wake up sober today, just as I have done now daily for the past four years. I never would have believed it had someone told me how much this decision would change my life, but it has — and I am so grateful for it.” — *BuzzFeed*’s Legal Editor **Chris Geidner**.

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