



Houston Deals With Cold Snap

Cliff Saunders

Thursday, January 8th 2015

You might think the cold temperatures would cause people to get out of their routines, and some of you will probably make some adjustments. But many of you aren't planning to let the cold stop you, especially if you're a runner.

The [Chevron Houston Marathon](#) is just ten days away, and one runner told KTRH the cold won't keep him from getting out there.

"If it's something I can manage, I'll put tights on under my sweats and a beanie on and just try to run," the runner explained. "I'm from Nebraska. I'm used to this."

While runners won't be stopped, your morning run for coffee might take a little longer. You might find a bigger crowd at Starbucks this morning. And this barista says it's not the coffee you'll be looking for.

"The hot chocolate is very good. We'll see more people than usual today," the barista said.

And if you think it's better to warm up your car for a while because it'll help the engine. The Car Pro, Jerry Reynolds has some news for you.

"If you want to have a warm car to get into, it's great but it [doesn't help the car mechanically](#)," Reynolds said.

But there one myth that is true. If you don't dress for the elements, a study finds the virus that causes a cold is [easier to get](#).

Cold Snap Leads to Climate Change Debate

With the city going through its first real cold stretch of the season, some people are going to try and say the extreme swings in weather are due to global warming.

But if you hear someone say that, remember there was a study a few months ago by a Canadian professor of environmental economics that found no appreciable warming in 19 years. [Ross McKittrick](#) of the Cato Institute told KTRH his study should have had different results.

“The data shows there is no warming trend for the last 19 years. The problem is the models show there should have been a lot of warming for the last couple of decades,” McKittrick said.

But Adrian Shelley of Air Alliance Houston says that's just one study, and it doesn't change his beliefs.

“The fact of the matter is the planet has been warming over decades and centuries,” Shelley said.

But the cold weather could set records in some part of the country. For instance, in Chicago, temperatures could break records before the end of the week.